

Nimra Tariq

Clinical Psychologist

I like to be hard working and try my best to be reliable in my daily business. I spent a challenging life and resulting enjoyed to overcoming these challenges which developed my confidence. I prefer to be consistent in my goals that I set for myself. To pursue my career as an outstanding professional in a challenging and dynamic environment where I can develop and boost my skills to the utmost by complementing technical knowledge with practical experience. I will achieve my goals through hard work, honesty and creativity.

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Lahore, Pakistan

19 May, 1998

EDUCATION

MS in Clinical Psychology University of Central Punjab

11/2021 - 07/2023

Lahore, Pakistan

Bachelors in Applied Psychology Government College University

11/2015 - 08/2019

Faisalabad, Pakistan

WORK EXPERIENCE

Adult Placement Fountain House

03/2022 - 06/2022

Lahore, Pakistan

Achievements/Tasks

- I worked there with adult clients and through history and assessment using assessment tools and given them diagnosis and design a treatment plan.

Child Placement Services Hospital Lahore

10/2022 - 01/2023

Lahore, Pakistan

Achievements/Tasks

- I worked there with the children assess them and diagnose them and provide the therapy

Addiction Placement Shaaf Rehabilitation Center

03/2023 - 07/2023

Lahore, Pakistan

Achievements/Tasks

- I am working there as a clinical psychologist, taking history and properly assessed with the helping tools and design treatment with the help of other senior clinical psychologist.

Clinical intern District Headquarters Hospital (DHQ)

03/2019 - 05/2019

Faisalabad, Pakistan

SKILLS

Active Listening

Empathy

Observational Skills

Problem-Solving

Analytical Thinking

Interviewing Skills

Assessment and Testing

Resilience

Therapeutic Techniques

Record Keeping

Time Management

Boundary Setting

LANGUAGES

Urdu

Native or Bilingual Proficiency

English

Professional Working Proficiency

Punjabi

Professional Working Proficiency

INTERESTS

Blogging

Photography & Videography

Books Reading

Traveling